

## St. Michael's Episcopal Church

3 Lent

Online Daily Morning Prayer Rite Two

Tuesday, March 17, 2020

### OPENING SENTENCE

*The Officiant says*

If we say we have no sin, we deceive ourselves, and the truth is not in us, but if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

*1 John 1:8, 9*

### CONFESSION OF SIN

*The Officiant says to the people*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Officiant and People together, all kneeling*

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

*The Priest alone stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
*Amen.*

## The Invitatory and Psalter

### VERSICLE

*All stand*

<i>Officiant</i>	Lord, open our lips.
<i>People</i>	And our mouth shall proclaim your praise.

*Officiant and People*

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

**ANTIPHON**

Our God is full of compassion and mercy: O come let us worship.

**INVITATORY**

Come, let us sing to the Lord; \*  
    let us shout for joy to the Rock of our salvation.  
Let us come before his presence with thanksgiving \*  
    and raise a loud shout to him with psalms.  
For the Lord is a great God, \*  
    and a great King above all gods.  
In his hand are the caverns of the earth, \*  
    and the heights of the hills are his also.  
The sea is his, for he made it, \*  
    and his hands have molded the dry land.  
Come, let us bow down, and bend the knee, \*  
    and kneel before the Lord our Maker.  
For he is our God,  
and we are the people of his pasture and the sheep of his hand. \*  
    Oh, that today you would hearken to his voice!

**PSALM: Psalm 78:1-39**

<sup>1</sup>Give ear, O my people, to my teaching;  
incline your ears to the words of my mouth.  
<sup>2</sup>I will open my mouth in a parable;  
I will utter dark sayings from of old,  
<sup>3</sup>things that we have heard and known,  
that our ancestors have told us.  
<sup>4</sup>We will not hide them from their children;  
we will tell to the coming generation  
the glorious deeds of the LORD, and his might,  
and the wonders that he has done.  
<sup>5</sup>He established a decree in Jacob,  
and appointed a law in Israel,  
which he commanded our ancestors  
to teach to their children;  
<sup>6</sup>that the next generation might know them,  
the children yet unborn,  
and rise up and tell them to their children,  
<sup>7</sup>so that they should set their hope in God,  
and not forget the works of God,  
but keep his commandments;

<sup>8</sup>and that they should not be like their ancestors,  
a stubborn and rebellious generation,  
a generation whose heart was not steadfast,  
whose spirit was not faithful to God.  
<sup>9</sup>The Ephraimites, armed with the bow,  
turned back on the day of battle.  
<sup>10</sup>They did not keep God's covenant,  
but refused to walk according to his law.  
<sup>11</sup>They forgot what he had done,  
and the miracles that he had shown them.  
<sup>12</sup>In the sight of their ancestors he worked marvels  
in the land of Egypt, in the fields of Zoan.  
<sup>13</sup>He divided the sea and let them pass through it,  
and made the waters stand like a heap.  
<sup>14</sup>In the daytime he led them with a cloud,  
and all night long with a fiery light.  
<sup>15</sup>He split rocks open in the wilderness,  
and gave them drink abundantly as from the deep.  
<sup>16</sup>He made streams come out of the rock,  
and caused waters to flow down like rivers.  
<sup>17</sup>Yet they sinned still more against him,  
rebellious against the Most High in the desert.  
<sup>18</sup>They tested God in their heart  
by demanding the food they craved.  
<sup>19</sup>They spoke against God, saying,  
"Can God spread a table in the wilderness?  
<sup>20</sup>Even though he struck the rock so that water gushed out  
and torrents overflowed,  
can he also give bread,  
or provide meat for his people?"  
<sup>21</sup>Therefore, when the LORD heard, he was full of rage;  
a fire was kindled against Jacob,  
his anger mounted against Israel,  
<sup>22</sup>because they had no faith in God,  
and did not trust his saving power.  
<sup>23</sup>Yet he commanded the skies above,  
and opened the doors of heaven;  
<sup>24</sup>he rained down on them manna to eat,  
and gave them the grain of heaven.  
<sup>25</sup>Mortals ate of the bread of angels;  
he sent them food in abundance.  
<sup>26</sup>He caused the east wind to blow in the heavens,  
and by his power he led out the south wind;  
<sup>27</sup>he rained flesh upon them like dust,  
winged birds like the sand of the seas;  
<sup>28</sup>he let them fall within their camp,

all around their dwellings.

<sup>29</sup>And they ate and were well filled,  
for he gave them what they craved.

<sup>30</sup>But before they had satisfied their craving,  
while the food was still in their mouths,

<sup>31</sup>the anger of God rose against them  
and he killed the strongest of them,  
and laid low the flower of Israel.

<sup>32</sup>In spite of all this they still sinned;  
they did not believe in his wonders.

<sup>33</sup>So he made their days vanish like a breath,  
and their years in terror.

<sup>34</sup>When he killed them, they sought for him;  
they repented and sought God earnestly.

<sup>35</sup>They remembered that God was their rock,  
the Most High God their redeemer.

<sup>36</sup>But they flattered him with their mouths;  
they lied to him with their tongues.

<sup>37</sup>Their heart was not steadfast toward him;  
they were not true to his covenant.

<sup>38</sup>Yet he, being compassionate,  
forgave their iniquity,  
and did not destroy them;  
often he restrained his anger,  
and did not stir up all his wrath.

<sup>39</sup>He remembered that they were but flesh,  
a wind that passes and does not come again.

*At the end of the Psalm is said*

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## The Lessons

### **FIRST READING: Exodus 17:1-7**

A Reading from the book of Exodus.

<sup>1</sup>From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink.

<sup>2</sup>The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" <sup>3</sup>But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" <sup>4</sup>So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." <sup>5</sup>The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which

you struck the Nile, and go. <sup>6</sup>I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. <sup>7</sup>He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, “Is the LORD among us or not?”

*Reader*           The Word of the Lord.  
*People*            Thanks be to God.

*Silence may follow.*

## **FIRST CANTICLE**

Canticle 16: The Song of Zechariah

*Benedictus Dominus Deus*

*Luke 1:68-79*

Blessed be the Lord, the God of Israel; \*  
    he has come to his people and set them free.  
He has raised up for us a mighty savior, \*  
    born of the house of his servant David.  
Through his holy prophets he promised of old,  
that he would save us from our enemies, \*  
    from the hands of all who hate us.  
He promised to show mercy to our fathers \*  
    and to remember his holy covenant.  
This was the oath he swore to our father Abraham, \*  
    to set us free from the hands of our enemies,  
Free to worship him without fear, \*  
    holy and righteous in his sight  
    all the days of our life.  
You, my child, shall be called the prophet of the Most High, \*  
    for you will go before the Lord to prepare his way,  
To give his people knowledge of salvation \*  
    by the forgiveness of their sins.  
In the tender compassion of our God \*  
    the dawn from on high shall break upon us,  
To shine on those who dwell in darkness and the  
    shadow of death, \*  
    and to guide our feet into the way of peace.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
    as it was in the beginning, is now, and will be forever. Amen.

## SECOND READING: Romans 5:1-11

A Reading from Paul's letter to the Church in Rome.

<sup>1</sup>Since we are justified by faith, we have peace with God through our Lord Jesus Christ, <sup>2</sup>through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. <sup>3</sup>And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, <sup>4</sup>and endurance produces character, and character produces hope, <sup>5</sup>and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

<sup>6</sup>For while we were still weak, at the right time Christ died for the ungodly. <sup>7</sup>Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. <sup>8</sup>But God proves his love for us in that while we still were sinners Christ died for us. <sup>9</sup>Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. <sup>10</sup>For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. <sup>11</sup>But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

*Reader*           The Word of the Lord.

*People*            Thanks be to God.

*Silence may follow.*

## SECOND CANTICLE

Canticle 17: The Song of Simeon

*Nunc dimittis*

*Luke 2:29-32*

Lord, you now have set your servant free \*  
to go in peace as you have promised;  
For these eyes of mine have seen the Savior, \*  
whom you have prepared for all the world to see:  
A Light to enlighten the nations, \*  
and the glory of your people Israel.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## THIRD READING: Mark 6:1-13

*The people sit.*

A Reading from Mark.

He left that place and came to his home town, and his disciples followed him. <sup>2</sup>On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, ‘Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! <sup>3</sup>Is not this the carpenter, the son of Mary\* and brother of James and Joses and Judas and Simon, and are not his sisters here with us?’ And they took offence\* at him.<sup>4</sup>Then Jesus said to them, ‘Prophets are not without honour, except in their home town, and among their own kin, and in their own house.’ <sup>5</sup>And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. <sup>6</sup>And he was amazed at their unbelief.

Then he went about among the villages teaching. <sup>7</sup>He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. <sup>8</sup>He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; <sup>9</sup>but to wear sandals and not to put on two tunics. <sup>10</sup>He said to them, ‘Wherever you enter a house, stay there until you leave the place. <sup>11</sup>If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.’ <sup>12</sup>So they went out and proclaimed that all should repent. <sup>13</sup>They cast out many demons, and anointed with oil many who were sick and cured them.

*Reader*           The Word of the Lord.

*People*           Thanks be to God.

*Silence may follow.*

## **THE APOSTLES’ CREED**

*Officiant and People together, all standing.*

I believe in God, the Father almighty,  
    creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord.  
    He was conceived by the power of the Holy Spirit  
    and born of the Virgin Mary.  
    He suffered under Pontius Pilate,  
    was crucified, died, and was buried.  
    He descended to the dead.  
    On the third day he rose again.  
    He ascended into heaven,  
    and is seated at the right hand of the Father.  
    He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
    the holy catholic Church,  
    the communion of saints,  
    the forgiveness of sins,  
    the resurrection of the body,  
    and the life everlasting. Amen.

# The Prayers

## SALUTATION

*Officiant*        The Lord be with you.  
*People*            And also with you.  
*Officiant*        Let us pray.

## THE LORD'S PRAYER

*Officiant and People*

Our Father, who art in heaven,  
    hallowed be thy Name,  
    thy kingdom come,  
    thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
    as we forgive those who trespass against us.  
And lead us not into temptation,  
    but deliver us from evil.  
For thine is the kingdom,  
    and the power, and the glory,  
    forever and ever. Amen.

## SUFFRAGES

V. Show us your mercy, O Lord;  
R. And grant us your salvation.  
V. Clothe your ministers with righteousness;  
R. Let your people sing with joy.  
V. Give peace, O Lord, in all the world;  
R. For only in you can we live in safety.  
V. Lord, keep this nation under your care;  
R. And guide us in the way of justice and truth.  
V. Let your way be known upon earth;  
R. Your saving health among all nations.  
V. Let not the needy, O Lord, be forgotten;  
R. Nor the hope of the poor be taken away.  
V. Create in us clean hearts, O God;  
R. And sustain us with your Holy Spirit.



### **FIRST COLLECT**

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### **SECOND COLLECT**

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

*Congregants are invited to raise their prayers of intercession or thanksgiving.*

### **A PRAYER OF ST. CHRYSOSTOM (BCP p. 102)**

*Officiant and People*

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

### **CONCLUDING VERSICLE**

Let us bless the Lord.

*Thanks be to God.*

### **CONCLUDING SENTENCE**

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen. 2 Corinthians 13:14*

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